

9.6.2.3 Technical considerations for revascularization

See Web addenda 9.6.2.3.

Recommendations for treatment strategies for renal artery disease

Recommendations	Class ^a	Level ^b
Medical therapy		
ACEIs/ARBs are recommended for treatment of hypertension associated with unilateral RAS. ^{219–222,240}	I	B
Calcium channel blockers, beta-blockers and diuretics are recommended for treatment of hypertension associated with renal artery disease.	I	C
ACEIs/ARBs may be considered in bilateral severe RAS and in the case of stenosis in a single functioning kidney, if well-tolerated and under close monitoring. ^{219,221}	IIb	B
Revascularization		
Routine revascularization is not recommended in RAS secondary to atherosclerosis. ^{229,231,232}	III	A
In cases of hypertension and/or signs of renal impairment related to renal arterial fibromuscular dysplasia, balloon angioplasty with bailout stenting should be considered. ^{234–236}	IIa	B
Balloon angioplasty, with or without stenting, may be considered in selected patients with RAS and unexplained recurrent congestive heart failure or sudden pulmonary oedema. ^{229,237,238}	IIb	C
In the case of an indication for revascularization, surgical revascularization should be considered for patients with complex anatomy of the renal arteries, after a failed endovascular procedure or during open aortic surgery. ^{241–243}	IIa	B


ACEIs = angiotensin-converting enzyme inhibitor; ARBs = angiotensin-receptor blockers; RAS = renal artery stenosis.

^aClass of recommendation.

^bLevel of evidence.

- The clinical signs vary broadly. Atypical symptoms are frequent.
- Even asymptomatic patients with LEAD are at high risk of CV events and will benefit from most CV preventive strategies, especially strict control of risk factors.
- Antithrombotic therapies are indicated in patients with symptomatic LEAD. There is no proven benefit for their use in asymptomatic patients.
- Ankle-brachial index is indicated as a first-line test for screening and diagnosis of LEAD. DUS is the first imaging method.
- Data from anatomical imaging tests should always be analysed in conjunction with symptoms and haemodynamic tests prior to treatment decision.
- In patients with intermittent claudication, CV prevention and exercise training are the cornerstones of management. If daily life activity is severely compromised, revascularization can be proposed, along with exercise therapy.
- Chronic limb-threatening ischaemia specifies clinical patterns with a vulnerable limb viability related to several factors. The risk is stratified according to the severity of ischaemia, wounds and infection.
- Early recognition of tissue loss and/or infection and referral to a vascular specialist is mandatory for limb salvage by a multidisciplinary approach. Revascularization is indicated whenever feasible.
- Acute limb ischaemia with neurological deficit mandates urgent revascularization.

10.1. Clinical presentation and natural history

LEAD has several different presentations, categorized according to the Fontaine or Rutherford classifications (Table 6). Even with a similar extent and level of disease progression, symptoms and their intensity may vary from one patient to another. The current background information and detailed discussion of the data for the following section of these Guidelines can be found in  ESC CardioMed.

Most patients are asymptomatic, detected either by a low ABI (<0.90) or pulse abolition. Among these, a subset may have severe disease without symptoms, which can be related to their incapacity to walk enough to reveal symptoms (e.g. heart failure) and/or reduced pain sensitivity (e.g. diabetic neuropathy). This subgroup should be qualified as 'masked LEAD'. In a study of 460 patients with LEAD, one-third of asymptomatic patients were unable to walk more than six blocks, corresponding to this concept.²⁴⁴ These patients were older, more often women, with higher rates of neuropathy and multiple comorbidities. While all asymptomatic patients are at increased risk of CV events, the subgroup with masked LEAD is also at high risk of limb events. This situation explains how a subset of patients presents a specific path with 'asymptomatic' disease shifting rapidly to severe LEAD. A typical presentation is an elderly patient with several comorbidities who presents with toe necrosis after a trivial wound (e.g. after aggressive nail clipping). It is important to identify these patients to educate them about foot protection. Hence, prior to the estimation of pain when walking, a clinical assessment of walking ability is necessary, and clinical examination should also look for neuropathy. LEAD can also be clinically masked in one leg when the other one has more disabling disease.

In symptomatic patients, the most typical presentation is IC. The Edinburgh Claudication Questionnaire is a standardized method to screen and diagnose typical IC.²⁴⁵

CLTI is defined by the presence of ischaemic rest pain, with or without tissue loss (ulcers, gangrene) or infection. When present,

10. Lower extremity artery disease

Key messages

- Most patients with LEAD are asymptomatic. Walking capacity must be assessed to detect clinically masked LEAD.

Table 6 Clinical stages of lower extremity artery disease

Fontaine classification				Rutherford classification		
Stage	Symptoms			Grade	Category	Symptoms
I	Asymptomatic		↔	0	0	Asymptomatic
II	IIa	Non-disabling intermittent claudication	↔	I	1	Mild claudication
	IIb	Disabling intermittent claudication		I	2	Moderate claudication
III	Ischaemic rest pain		↔	II	3	Severe claudication
IV	Ulceration or gangrene		↔	III	4	Ischaemic rest pain
				III	5	Minor tissue loss
				III	6	Major tissue loss

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arterial ulcers are usually painful and are often complicated by local infection and inflammation. When pain is absent, peripheral neuropathy should be considered. While CLTI is a clinical diagnosis, it is often associated with an ankle pressure <50 mmHg or toe pressure <30 mmHg.²⁴⁶ Investigation of the microcirculation [i.e. transcutaneous oxygen pressure (TcPO₂)] is helpful in some cases of medial calcinosis.

Regular clinical examination is important in elderly patients, especially diabetic patients.²⁴⁷ Early recognition of tissue loss and referral to a vascular specialist is mandatory to improve limb salvage. Primary major amputation rates in patients unsuitable for revascularization are high (20–25%).²⁴⁸ CLTI is also a marker for generalized, severe atherosclerosis, with a 3-fold increased risk of MI, stroke and vascular death as compared to patients with IC.^{246,248}

Clinical examination is fundamental but the diagnosis must be confirmed by objective tests. Pulse palpation should be systematic. Abdominal and/or groin auscultation is poorly sensitive. In severe cases, inspection may show foot pallor in a resting leg, with extended recoloration time (>2 s) after finger pressure.

Regarding the natural history, in a recent meta-analysis,²⁴⁹ most patients with IC present increased 5-year cumulative CV-related morbidity of 13% vs. 5% in the reference population. Regarding the limb risk, at 5 years, 21% progress to CLTI, of whom 4–27% have amputations.²⁴⁶

10.2 Diagnostic tests

10.2.1 Ankle-brachial index

The ABI is the first diagnostic step after clinical examination (see **chapter 4**). An ABI ≤0.90 has 75% sensitivity and 86% specificity to diagnose LEAD.²⁵⁰ Its sensitivity is poorer in patients with diabetes or end-stage CKD because of medial calcification.²⁵¹ Patients with borderline ABI (0.90–1.00) need further diagnostic tests (*Table 3* and **chapter 4**). When clinically suspected, a normal ABI (>0.90) does not definitely rule out the diagnosis of LEAD; further post-exercise ABI and/or DUS are necessary. In case of a high ABI (>1.40) related to medial calcification, alternative tests such as toe pressure, toe-brachial index (TBI) or Doppler waveform analysis of ankle arteries are useful. Along with DUS, ABI can be used during patient follow-up. It is also a good tool for stratifying the CV risk (see **chapter 4**).⁶

Recommendations for ankle-brachial index measurement

Recommendations	Class ^a	Level ^b
Measurement of the ABI is indicated as a first-line non-invasive test for screening and diagnosis of LEAD. ^{250,251}	I	C
In the case of incompressible ankle arteries or ABI >1.40, alternative methods such as the toe-brachial index, Doppler waveform analysis or pulse volume recording are indicated. ²⁵²	I	C

ABI = ankle-brachial index; LEAD = lower extremity artery disease.

^aClass of recommendation.

^bLevel of evidence.

10.2.2 Treadmill test

The treadmill test (usually using the Strandness protocol at a speed of 3 km/h and 10% slope) is an excellent tool for objective functional assessment and unmasking moderate stenosis, as well as for exercise rehabilitation follow-up. It is also helpful when the ischaemic origin of limb pain is uncertain. The test is stopped when the patient is unable to walk further because of pain, defining maximal walking distance (WD). A post-exercise ankle SBP decrease >30 mmHg or a post-exercise ABI decrease >20% are diagnostic for LEAD.²⁵¹

10.2.3 Imaging methods

10.2.3.1 Ultrasound

DUS provides extensive information on arterial anatomy and haemodynamics. It must be combined with ABI measurement. It presents 85–90% sensitivity and >95% specificity to detect stenosis >50%.²⁵³ A normal DUS at rest should be completed by a post-exercise test when iliac stenosis is suspected, because of lower sensitivity. DUS is operator dependent and good training is mandatory. DUS does not present as a roadmap the entire vasculature. Another imaging technique is usually required when revascularization is considered. DUS is also important to address vein quality for bypass substitutes. It is the method of choice for routine follow-up after revascularization.

10.2.3.2 Computed tomography angiography

In a meta-analysis, the reported sensitivity and specificity of CTA to detect aorto-iliac stenoses >50% were 96% and 98%, respectively, with similar sensitivity (97%) and specificity (94%) for the femoro-popliteal region.²⁵⁴ The main advantages are visualization of calcifications, clips, stents, bypasses and concomitant aneurysms. Beyond general limitations (radiation, nephrotoxicity and allergies), pitfalls are severe calcifications (impeding the appreciation of stenosis, mostly in distal arteries).

10.2.3.3 Magnetic resonance angiography

The sensitivity and specificity of MRA are ~95% for diagnosing segmental stenosis and occlusion. However, MRA tends to overestimate the degree of stenosis.²⁵⁵ It cannot visualize arterial calcifications, useful for the estimation of stenosis severity in highly calcified lesions. This is a limitation for selection of the anastomotic site of surgical bypass. The visualization of steel stents is poor. In expert centres, MRA has a higher diagnostic accuracy for tibial arteries than DUS and CTA.

10.2.3.4 Digital subtraction angiography

DSA is often required for guiding percutaneous peripheral interventional procedures or for the identification of patent arteries for distal bypass. It is also often needed for below-the-knee arteries, especially in patients with CLTI, because of the limitation of all other imaging tools to detect ankle/pedal segments suitable for distal bypass.

10.2.3.5 Cardiovascular screening in patients with LEAD

Patients with LEAD often have other concomitant arterial lesions, including other PADs and AAA. See Web addenda 10.2.3.5 and **chapter 11**.

10.2.4 Other tests

Toe systolic BP, TBI and TcPO₂ are useful in patients with medial calcinosis and incompressible arteries. For further details see Web addenda 10.2.4.

Recommendations on imaging in patients with lower extremity artery disease

Recommendations	Class ^a	Level ^b
DUS is indicated as a first-line imaging method to confirm LEAD lesions. ²⁵³	I	C
DUS and/or CTA and/or MRA are indicated for anatomical characterization of LEAD lesions and guidance for optimal revascularization strategy. ^{254–257}	I	C
Data from an anatomical imaging test should always be analysed in conjunction with symptoms and haemodynamic tests prior to a treatment decision. ²⁴⁶	I	C
DUS screening for AAA should be considered. ^{258,259}	IIa	C

AAA = abdominal aorta aneurysm; CTA = computed tomography angiography; DUS = duplex ultrasound; LEAD = lower extremity artery disease; MRA = magnetic resonance angiography.

^aClass of recommendation.

^bLevel of evidence.

10.3 Medical treatment

The therapeutic options addressed here are those to improve limb symptoms or salvage. Treatments proposed to reduce other CV events and mortality are addressed in **chapter 4**.

General prevention strategies can improve limb events. Smoking cessation provides the most noticeable improvement in WD when combined with regular exercise, especially when lesions are located below the femoral arteries. In patients with IC, the natural history is deteriorated by ongoing tobacco use, with increased risk of amputation.^{25,260}

Several studies have shown that statins significantly improve the CV prognosis of patients with IC or CLTI.^{30,34} Additionally, several meta-analyses have shown a relevant improvement in pain-free and maximal WD with the use of statins.^{30,261} It is suggested that statins could limit adverse limb events in patients with LEAD.³³

In subjects with hypertension, calcium antagonists or ACEIs/ARBs should be preferred because of their potential in peripheral arterial dilatation. A meta-analysis²⁶² showed improved maximal and pain-free WD when using an ACEI over placebo; however, two of six RCT reports have been recently withdrawn because of unreliable data, and the meta-analysis of the remaining studies is inconclusive.²⁶³ The benefit of verapamil in improving WD in LEAD has been shown in a randomized study.²⁶⁴ Because of comorbidities such as heart failure, beta-blockers are indicated in some patients with LEAD. Studies have shown that beta-blockers, in particular nebivolol, are safe in patients with IC without negative effects on WD.⁴⁹ Metoprolol and nebivolol have been compared in a double-blind RCT including 128 beta-blocker-naïve patients with IC and hypertension.²⁶⁵ After a 48-week treatment period, both drugs were well tolerated and decreased BP equally. In both groups, maximal WD improved significantly. Nebivolol showed an advantage, with significant improvement in pain-free WD [+34% ($P < 0.003$) vs. +17% for metoprolol ($P < 0.12$)]. In a single-centre study of 1873 consecutive CLTI patients who received endovascular therapy, those treated with other beta-blockers did not have a poorer clinical outcome.²⁶⁶ In a multicentre registry of 1273 patients hospitalized for severe LEAD (of whom 65% had CLTI and 28% were on beta-blocker therapy), death and amputation rates did not differ among those with vs. without beta-blocker.²⁶⁷

10.4 Revascularization options: general aspects

See Web addenda 10.4.

10.5 Management of intermittent claudication

10.5.1 Exercise therapy

In patients with IC, exercise therapy (ExT) is effective and improves symptoms and QOL and increases maximal WD. In 30 RCTs including 1816 patients with stable leg pain, ExT improved maximal WD on a treadmill by almost 5 min compared with usual care.²⁶⁸ Pain-free and maximal WD were increased on average by 82 and 109 m, respectively. Improvement was observed up to 2 years. Moreover, ExT improved QOL. Exercise did not improve ABI. Whether ExT reduces CV events and improves life expectancy is still unclear. Supervised ExT is more effective than unsupervised ExT.^{11,269}

In 14 trials with participants assigned to either supervised ExT or unsupervised ExT (1002 participants), lasting from 6 weeks to 12 months, maximal and pain-free WD increased by almost 180 m in favour of supervised ExT. These benefits remained at 1 year. Most studies use programmes of at least 3 months, with a minimum of 3 h/week, with walking to the maximal or submaximal distance. Long-term benefits of ExT are less clear and largely depend on patient compliance. Supervised ExT is safe and routine cardiac screening beforehand is not required.²⁷⁰ It is also more cost effective than unsupervised ExT,²⁷¹ but it is not reimbursed or available everywhere. Although home-based walking ExT is not as effective as supervised ExT, it is a useful alternative, with positive effects on QOL and functional walking capacity vs. walking advice alone.^{272,273} Alternative exercise modes (e.g. cycling, strength training and upper-arm ergometry) may be useful when walking exercise is not an option for patients, as these have also been shown to be effective.²⁷⁴ ExT is impossible in patients with CLTI but can be considered after successful revascularization.^{275,276}

10.5.2 Pharmacotherapy to decrease walking impairment

Some antihypertensive drugs (e.g. verapamil),²⁶⁴ statins,^{277,278} antiplatelet agents and prostanoids (prostaglandins I2 and E1)²⁷⁹ have some favourable effects on WD and leg functioning (see above). Other pharmacological agents claim to increase WD in patients with IC without other effects on CV health. The drugs mostly studied are cilostazol, naftidrofuryl, pentoxifylline, buflomedil, carnitine and propionyl-L-carnitine.^{261,280} However, objective documentation of such an effect is limited. The beneficial effects on WD, if any, are generally mild to moderate, with large variability.²⁶¹ Also, the incremental benefit of these treatments in addition to ExT and statins is unknown. For further details see Web addenda 10.5.2.

10.5.3 Revascularization for intermittent claudication

The anatomical location and extension of arterial lesions has an impact on revascularization options.

10.5.3.1 Aorto-iliac lesions

Isolated aorto-iliac lesions are a common cause of claudication. In the case of short stenosis/occlusion (<5 cm) of iliac arteries, endovascular therapy gives good long-term patency ($\geq 90\%$ over 5 years) with a low risk of complications.²⁸¹ In cases of ilio-femoral lesions, a hybrid procedure is indicated, usually endarterectomy or bypass at the femoral level combined with endovascular therapy of iliac arteries, even with long occlusions. If the occlusion extends to the infrarenal aorta, covered endovascular reconstruction of an aortic bifurcation can be considered. In a small series, 1- and 2-year primary patency was 87% and 82%, respectively.²⁸² If the occlusion comprises the aorta up to the renal arteries and iliac arteries, aorto-bifemoral bypass surgery is indicated in fit patients with

severe life-limiting claudication.²⁸³ In these extensive lesions, endovascular therapy may be an option, but it is not free of perioperative risk and long-term occlusion. In the absence of any other alternative, extra-anatomic bypass (e.g. axillary to femoral bypass) may be considered.

10.5.3.2 Femoro-popliteal lesions

Femoro-popliteal lesions are common in claudicants. If the circulation to the profunda femoral artery is normal, there is a good possibility that the claudication will be relieved with ExT and intervention is mostly unnecessary. If revascularization is needed, endovascular therapy is the first choice in stenosis/occlusions <25 cm. If the occlusion/stenosis is > 25 cm, endovascular recanalization is still possible, but better long-term patency is achieved with surgical bypass, especially when using the great saphenous vein (GSV). No head-to-head trials comparing endovascular therapy and surgery are yet available. In the Zilver-PTX trial, the 5-year primary patency with conventional and drug-eluting stents was 43% and 66%, respectively.⁷⁶ The 5-year patency after above-the-knee femoro-popliteal bypass is > 80% with GSV and 67% with prosthetic conduits.²⁸⁴ The challenge of endovascular therapy is the long-term patency and durability of stents in the femoro-popliteal region, where the artery is very mobile. Several new endovascular solutions, such as atherectomy devices, drug-eluting balloons and new stent designs, have been shown to improve long-term patency.

10.5.4 Management strategy for intermittent claudication

Several studies have demonstrated the efficacy of endovascular therapy and open surgery on symptom relief, WD and QOL in claudicants. However, these interventions have limited durability and may be associated with mortality and morbidity. Thus they should be restricted to patients who do not respond favourably to ExT (e.g. after a 3-month period of ExT) or when disabling symptoms substantially alter daily life activities. A systematic review of 12 trials (1548 patients) comparing medical therapy, ExT, endovascular therapy and open surgery in claudicants showed that, compared with the former, each of the three other alternatives was associated with improved WD, claudication symptoms and QOL.²⁸⁵ Compared with endovascular therapy, open surgery may be associated with longer hospital stays and higher complication rates but results in more durable patency. The Claudication: Exercise Versus Endoluminal Revascularization (CLEVER) trial randomized 111 patients with IC and aorto-iliac lesions to BMT alone or in combination with supervised ExT or stenting.²⁸⁶ At 6 months, changes in maximal WD were greatest with supervised ExT, while stenting provided greater improvement in peak walking time than BMT alone. At 18 months the difference in terms of peak walking time was not statistically different between supervised ExT and stenting.²⁸⁶ The management of patients with intermittent claudication is summarized in Figure 5.

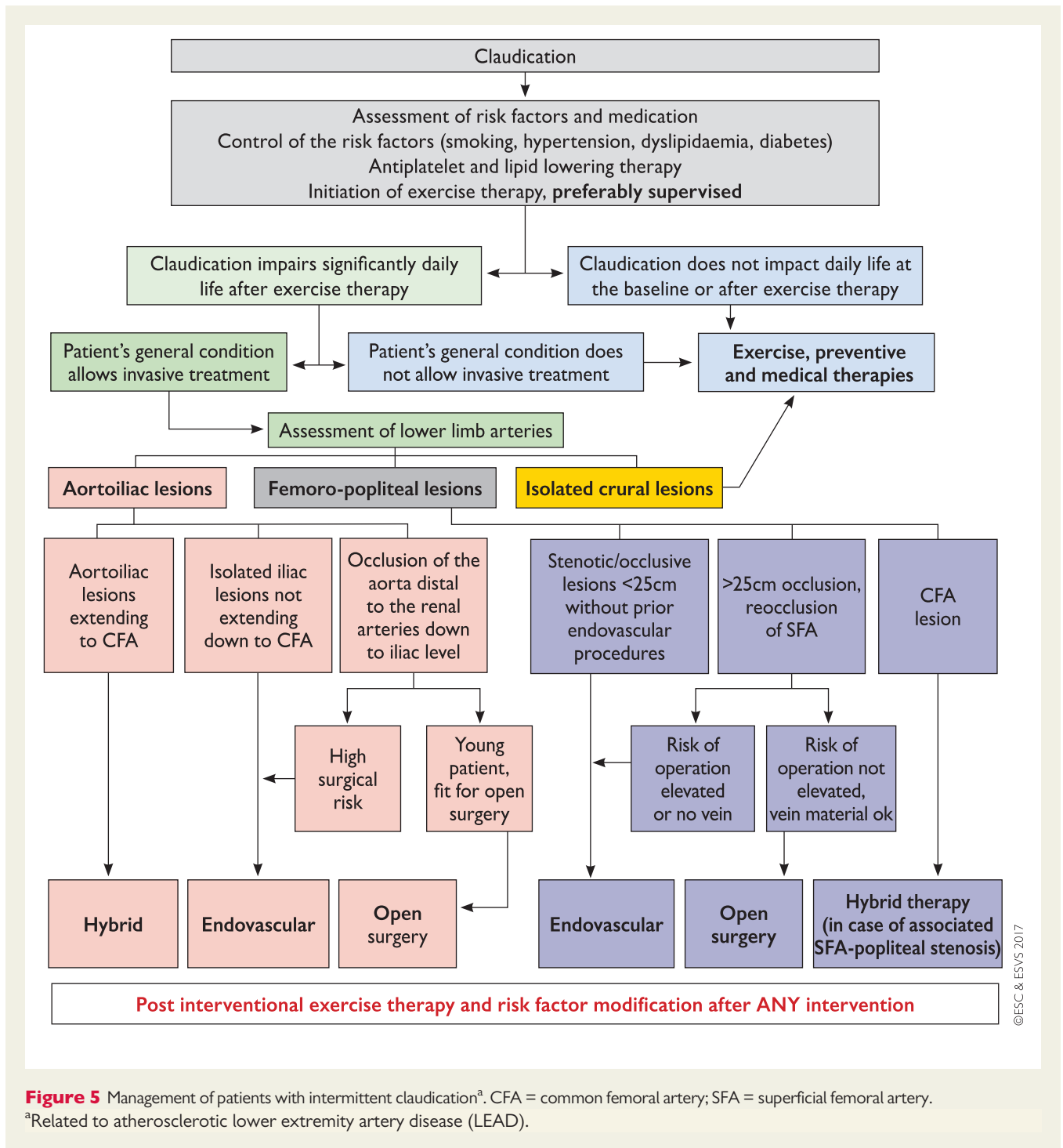


Figure 5 Management of patients with intermittent claudication^a. CFA = common femoral artery; SFA = superficial femoral artery.
^aRelated to atherosclerotic lower extremity artery disease (LEAD).

Recommendations for the management of patients with intermittent claudication

Recommendations	Class ^a	Level ^b
On top of general prevention, statins are indicated to improve walking distance. ^{30,278}	I	A
In patients with intermittent claudication:		
• supervised exercise training is recommended ^{273,287–289}	I	A
• unsupervised exercise training is recommended when supervised exercise training is not feasible or available.	I	C
When daily life activities are compromised despite exercise therapy, revascularization should be considered.	IIa	C
When daily life activities are severely compromised, revascularization should be considered in association with exercise therapy. ^{288,290}	IIa	B

^aClass of recommendation.

^bLevel of evidence.

Recommendations on revascularization of aorto-iliac occlusive lesions^c

Recommendations	Class ^a	Level ^b
An endovascular-first strategy is recommended for short (i.e. <5 cm) occlusive lesions. ²⁹¹	I	C
In patients fit for surgery, aorto-(bi)femoral bypass should be considered in aorto-iliac occlusions. ^{281,292,293}	IIa	B
An endovascular-first strategy should be considered in long and/or bilateral lesions in patients with severe comorbidities. ^{288,294,295}	IIa	B
An endovascular-first strategy may be considered for aorto-iliac occlusive lesions if done by an experienced team and if it does not compromise subsequent surgical options. ^{76,281–283,286}	IIb	B
Primary stent implantation rather than provisional stenting should be considered. ^{294–296}	IIa	B
Open surgery should be considered in fit patients with an aortic occlusion extending up to the renal arteries.	IIa	C
In the case of ilio-femoral occlusive lesions, a hybrid procedure combining iliac stenting and femoral endarterectomy or bypass should be considered. ^{297–300}	IIa	C
Extra-anatomical bypass may be indicated for patients with no other alternatives for revascularization. ³⁰¹	IIb	C

^aClass of recommendation.

^bLevel of evidence.

^cThese recommendations apply for patients with intermittent claudication and severe chronic limb ischaemia.

Recommendations on revascularization of femoro-popliteal occlusive lesions^c

Recommendations	Class ^a	Level ^b
An endovascular-first strategy is recommended in short (i.e. <25 cm) lesions. ^{302,303}	I	C
Primary stent implantation should be considered in short (i.e. <25 cm) lesions. ^{304,305}	IIa	A
Drug-eluting balloons may be considered in short (i.e. <25 cm) lesions. ^{77,306–310}	IIb	A
Drug-eluting stents may be considered for short (i.e. <25 cm) lesions. ^{302,303,311}	IIb	B
Drug-eluting balloons may be considered for the treatment of in-stent restenosis. ^{312,313}	IIb	B
In patients who are not at high risk for surgery, bypass surgery is indicated for long (i.e. ≥25 cm) superficial femoral artery lesions when an autologous vein is available and life expectancy is > 2 years. ³¹⁴	I	B
The autologous saphenous vein is the conduit of choice for femoro-popliteal bypass. ^{284,315}	I	A
When above-the-knee bypass is indicated, the use of a prosthetic conduit should be considered in the absence of any autologous saphenous vein. ²⁸⁴	IIa	A
In patients unfit for surgery, endovascular therapy may be considered in long (i.e. ≥25 cm) femoro-popliteal lesions. ³¹²	IIb	C

^aClass of recommendation.

^bLevel of evidence.

^cThese recommendations apply for patients with intermittent claudication and severe chronic limb ischaemia.

10.6 Chronic limb-threatening ischaemia

This entity includes clinical patterns with a threatened limb viability related to several factors. In contrast to the former term ‘critical limb ischaemia’, severe ischaemia is not the only underlying cause. Three issues must be considered with the former terminology of critical limb ischaemia. First, ‘critical’ implies that treatment is urgent to avoid limb loss, while some patients can keep their legs for long periods of time even in the absence of revascularization.³¹⁶ Second, the increasing predominance of diabetes in these situations, present in 50–70% of cases, presents mostly as neuro-ischaemic diabetic foot ulcers. Third, the risk of amputation not only depends on the severity of ischaemia, but also the presence of a wound and infection. This explains why ankle or toe pressures, measured to address LEAD severity, are not a definition component of CLTI.

10.6.1 Chronic limb-threatening ischaemia severity and risk stratification: the WIfI classification

A new classification system (WIfI) has been proposed as the initial assessment of all patients with ischaemic rest pain or wounds.³¹⁷ The target population for this system includes any patient with

- ischaemic rest pain, typically in the forefoot with objectively confirmed haemodynamic studies (ABI <0.40, ankle pressure <50 mmHg, toe pressure <30 mmHg, TcPO₂ <30 mmHg),
- diabetic foot ulcer,
- non-healing lower limb or foot ulceration ≥2 weeks duration or
- gangrene involving any portion of the foot or lower limb.

The three primary factors that constitute and contribute to the risk of limb threat are wound (W), ischaemia (I) and foot infection (I).

Each factor is graded into four categories (0 = none, 1 = mild, 2 = moderate, 3 = severe). Table 7 shows the coding and clinical staging according to the WIfI classification. Web Figure 2 provides an estimation of the amputation risk according the WIfI classification. The management of patients with CLTI should consider the three components of this classification system. Revascularization should always be discussed, as its suitability is increased with more severe stages (except stage 5).

10.6.2 Management of patients with chronic limb-threatening ischaemia

The management of patients with CLTI is summarized in Figure 6. All patients with CLTI must have BMT with correction of risk factors (see section 9.3). In those with diabetes, glycaemic control is particularly important for improved limb-related outcomes, including lower rates of major amputation and increased patency after infra-popliteal revascularization.^{318,319} Proper wound care must be started immediately, as well as the use of adapted footwear, treatment of concomitant infection and pain control.

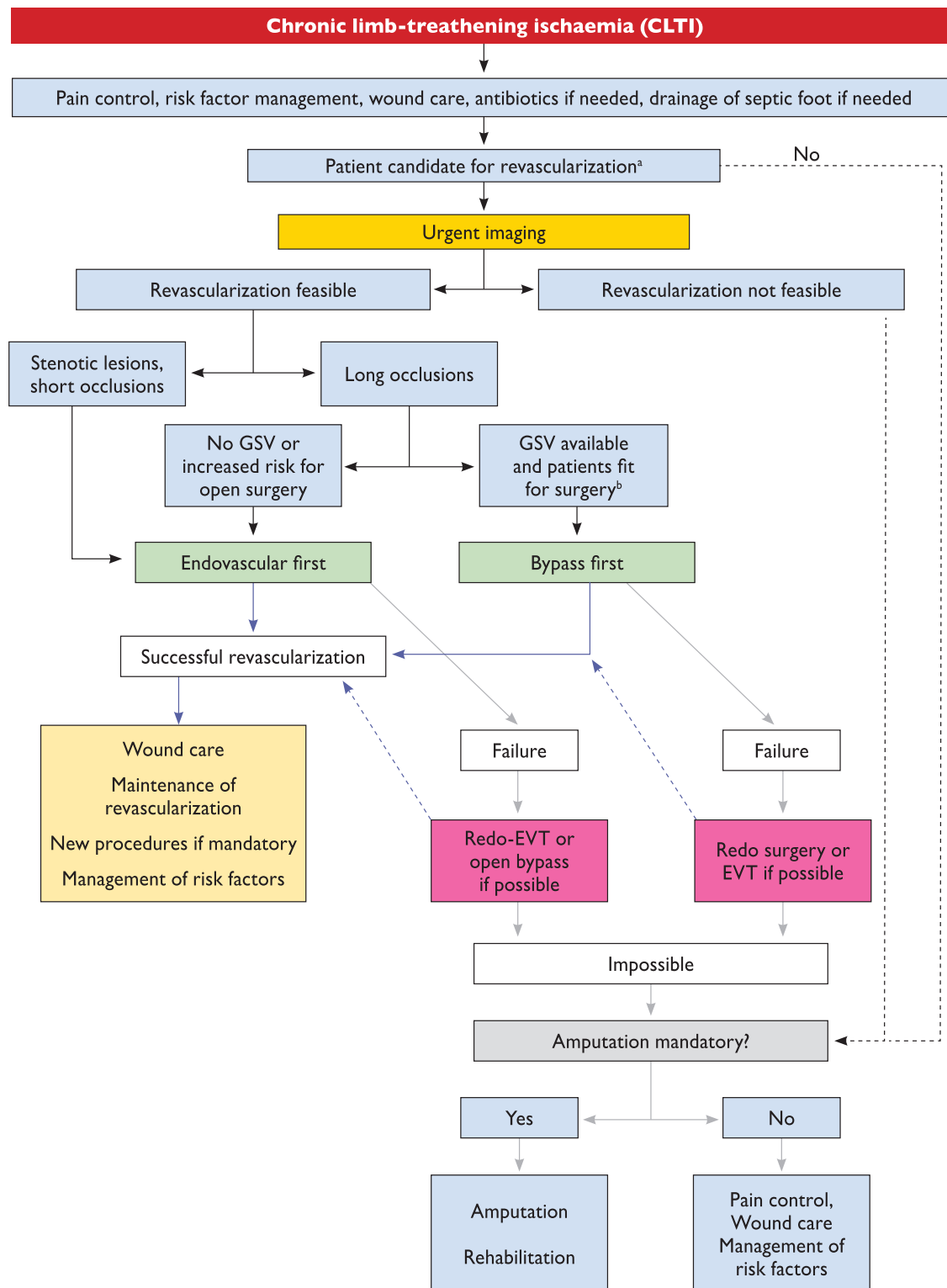
10.6.2.1 Revascularization

Revascularization should be attempted as much as possible.^{246,320–322} So far, only one randomized trial, the Bypass versus Angioplasty in Severe Ischaemia of the Leg (BASIL) trial, has directly compared endovascular therapy to open surgery in CLTI patients.³²³ At 2 years there was no significant difference between endovascular therapy and surgery regarding amputation-free survival. In survivors after 2 years, bypass surgery was associated with improved survival (on average 7 months, P = 0.02) and amputation-free survival (6 months,

Table 7 Assessment of the risk of amputation: the WIfI classification (for further details see Mills et al³¹⁷)

Component	Score	Description		
W (Wound)	0	No ulcer (ischaemic rest pain)		
	1	Small, shallow ulcer on distal leg or foot without gangrene		
	2	Deeper ulcer with exposed bone, joint or tendon ± gangrenous changes limited to toes		
	3	Extensive deep ulcer, full thickness heel ulcer ± calcaneal involvement ± extensive gangrene		
I (Ischaemia)		ABI	Ankle pressure (mmHg)	Toe pressure or TcPO ₂
	0	≥0.80	> 100	≥60
	1	0.60–0.79	70–100	40–59
	2	0.40–0.59	50–70	30–39
	3	<0.40	<50	<30
fl (foot Infection)	0	No symptoms/signs of infection		
	1	Local infection involving only skin and subcutaneous tissue		
	2	Local infection involving deeper than skin/subcutaneous tissue		
	3	Systemic inflammatory response syndrome		
Example: A 65-year-old male diabetic patient with gangrene of the big toe and a <2 cm rim of cellulitis at the base of the toe, without any clinical/biological sign of general infection/inflammation, whose toe pressure is at 30 mmHg would be classified as Wwound 2, Ischaemia 2, foot Infection 1 (WIfI 2-2-1). The clinical stage would be 4 (high risk of amputation). The benefit of revascularization (if feasible) is high, also depending on infection control.				

ABI = ankle-brachial index; TcPO₂ = transcutaneous oxygen pressure.



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Figure 6 Management of patients with chronic limb-threatening ischaemia. EVT= endovascular therapy; GSV = great saphenous vein.

^aIn bedridden, demented and/or frail patients, primary amputation should be considered.

^bIn the absence of contra-indication for surgery and in the presence of adequate target for anastomosis/runoff.

$P = 0.06$).³¹⁴ These data are challenged by more recent endovascular therapy techniques. So far, drug-eluting balloons in below-the-knee disease have shown no superiority over plain balloon angioplasty.³²⁴ The results of two ongoing RCTs, BASIL-2 and Best Endovascular vs. Best Surgical Therapy in Patients with Critical Limb Ischaemia (BEST-CLI), are awaited.^{325,326} Meanwhile, in each anatomical region, both revascularization options should be individually discussed.

10.6.2.1.1 Aorto-iliac disease. CLTI is almost never related to isolated aorto-iliac disease, and downstream lesions are often concomitant. In addition to CTA and/or MRA, complete DSA down to the plantar arches is required for proper arterial network assessment and procedure planning.³²⁷ Hybrid procedures (e.g. aorto-iliac stenting and distal bypass) should be encouraged in a one-step modality when necessary.

10.6.2.1.2 Femoro-popliteal disease. CLTI is unlikely to be related to isolated SFA lesions; usually femoro-popliteal involvement combined with aorto-iliac or below-the-knee disease is found. In up to 40% of cases, inflow treatment is needed.³²⁴ The revascularization strategy should be judged on lesion complexity. If endovascular therapy is chosen first, landing zones for potential bypass grafts should be preserved. When bypass surgery is decided, the bypass should be as short as possible, using the saphenous vein.

10.6.2.1.3 Infra-popliteal disease. Extended infra-popliteal artery disease is mainly seen in diabetic patients, often associated with SFA lesions (inflow disease). Full-leg DSA down to the plantar arches is mandatory to explore all revascularization options.³²⁷ In stenotic lesions and short occlusions, endovascular therapy can be the first choice. In long occlusions of crural arteries, bypass with an autologous vein gives superior long-term patency and leg survival. If the patient has increased risk for surgery or does not have an autologous vein, endovascular therapy can be attempted. The decision of revascularization should also consider the angiosome concept, targeting the ischaemic tissues. For further details, see Web addenda 10.6.2.1.3.1.

Recommendations on revascularization of infra-popliteal occlusive lesions

Recommendations	Class ^a	Level ^b
In the case of CLTI, infra-popliteal revascularization is indicated for limb salvage. ^{320–326}	I	C
For revascularization of infra-popliteal arteries:		
• bypass using the great saphenous vein is indicated	I	A
• endovascular therapy should be considered. ^{320–326}	IIa	B

CLTI = chronic limb threatening ischaemia.
^aClass of recommendation.
^bLevel of evidence.

10.6.3 Spinal cord stimulation

See Web addenda 10.6.3.

10.6.4 Stem cell and gene therapy

Angiogenic gene and stem cell therapy are still being investigated, with insufficient evidence in favour of these treatments.^{328–330} For further details see Web addenda 10.6.4.

10.6.5 Amputation

10.6.5.1 Minor amputation

In case of CLTI, minor amputation (up to the forefoot level) is often necessary to remove necrotic tissues with minor consequences on patient's mobility. Revascularization is needed before amputation to improve wound healing. Foot TcPO₂ and toe pressure can be useful to delineate the amputation zone (see **section 10.2.4**).

10.6.5.2 Major amputation

Patients with extensive necrosis or infectious gangrene and those who are non-ambulatory with severe comorbidities may be best served with primary major amputation. This remains the last option to avoid or halt general complications of irreversible limb ischaemia, allowing in some cases patient recovery with rehabilitation and prosthesis. For a moribund patient, adequate analgesia and other supportive measures may also be an option.

Secondary amputation should be performed when revascularization has failed and re-intervention is no longer possible or when the limb continues to deteriorate because of infection or necrosis despite patent graft and optimal management. In any case, infragenicular amputation should be preferred, because the knee joint allows better mobility with a prosthesis. For bedridden patients, femoral amputation may be the best option.

Recommendations on the management of chronic limb-threatening ischaemia

Recommendations	Class ^a	Level ^b
Early recognition of tissue loss and/or infection and referral to the vascular team is mandatory to improve limb salvage. ³¹⁷	I	C
In patients with CLTI, assessment of the risk of amputation is indicated. ³¹⁷	I	C
In patients with CLTI and diabetes, optimal glycaemic control is recommended. ^{318,319}	I	C
For limb salvage, revascularization is indicated whenever feasible. ³¹⁴	I	B
In CLTI patients with below-the-knee lesions, angiography including foot runoff should be considered prior to revascularization.	IIa	C
In patients with CLTI, stem cell/gene therapy is not indicated. ³²⁸	III	B

CLTI = chronic limb threatening ischaemia.
^aClass of recommendation.
^bLevel of evidence.

10.7 Acute limb ischaemia

Acute limb ischaemia is caused by an abrupt decrease in arterial perfusion of the limb. Potential causes are artery disease progression, cardiac embolization, aortic dissection or embolization, graft thrombosis, thrombosis of a popliteal aneurysm or cyst, popliteal artery entrapment syndrome, trauma, phlegmasia cerulea dolens, ergotism, hypercoagulable states and iatrogenic complications related to vascular procedures. Limb viability is threatened and prompt management is needed for limb salvage.

Once the clinical diagnosis is established, treatment with unfractionated heparin should be given, along with appropriate analgesia.^{246,331} The emergency level and the choice of therapeutic strategy depend on the clinical presentation, mainly the presence of neurological deficits. The clinical categories are presented in *Table 8*.

In the case of neurological deficit, urgent revascularization is mandatory; imaging should not delay intervention. The imaging method depends on its immediate availability. DUS and DSA are mostly used in these situations.

Different revascularization modalities can be applied, including percutaneous catheter-directed thrombolytic therapy, percutaneous mechanical thrombus extraction or thrombo-aspiration (with or

without thrombolytic therapy) and surgical thrombectomy, bypass and/or arterial repair. The strategy will depend on the presence of a neurological deficit, ischaemia duration, its localization, comorbidities, type of conduit (artery or graft) and therapy-related risks and outcomes. Owing to reduced morbidity and mortality, endovascular therapy is often preferred, especially in patients with severe comorbidities. Thrombus extraction, thrombo-aspiration and surgical thrombectomy are indicated in the case of neurological deficit, while catheter-directed thrombolytic therapy is more appropriate in less severe cases without neurological deficit. The modern concept of the combination of intra-arterial thrombolysis and catheter-based clot removal is associated with 6-month amputation rates of < 10%.²⁴⁶ Systemic thrombolysis has no role in the treatment of patients with acute limb ischaemia.

Based on RCTs, there is no clear superiority of local thrombolysis vs. open surgery on 30-day mortality or limb salvage.³³³ After thrombus removal, the pre-existing arterial lesion should be treated by endovascular therapy or open surgery. Lower extremity four-compartment fasciotomies should be performed in patients with long-lasting ischaemia to prevent a post-reperfusion compartment syndrome. The management of acute limb ischaemia is summarized in *Figure 7*.

Table 8 Clinical categories of acute limb ischaemia³³²

Grade	Category	Sensory loss	Motor deficit	Prognosis
I	Viable	None	None	No immediate threat
IIA	Marginally threatened	None or minimal (toes)	None	Salvageable if promptly treated
IIB	Immediately threatened	More than toes	Mild/moderate	Salvageable if promptly revascularized
III	Irreversible	Profound, anaesthetic	Profound, paralysis (rigor)	Major tissue loss, permanent nerve damage inevitable

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Recommendations for the management of patients presenting with acute limb ischaemia

Recommendations	Class ^a	Level ^b
In the case of neurological deficit, urgent revascularization is indicated. ^{246,331,c}	I	C
In the absence of neurological deficit, revascularization is indicated within hours after initial imaging in a case-by-case decision. ^{246,331}	I	C
Heparin and analgesics are indicated as soon as possible. ^{246,331}	I	C

^aClass of recommendation.

^bLevel of evidence.

^cIn this case, imaging should not delay intervention.

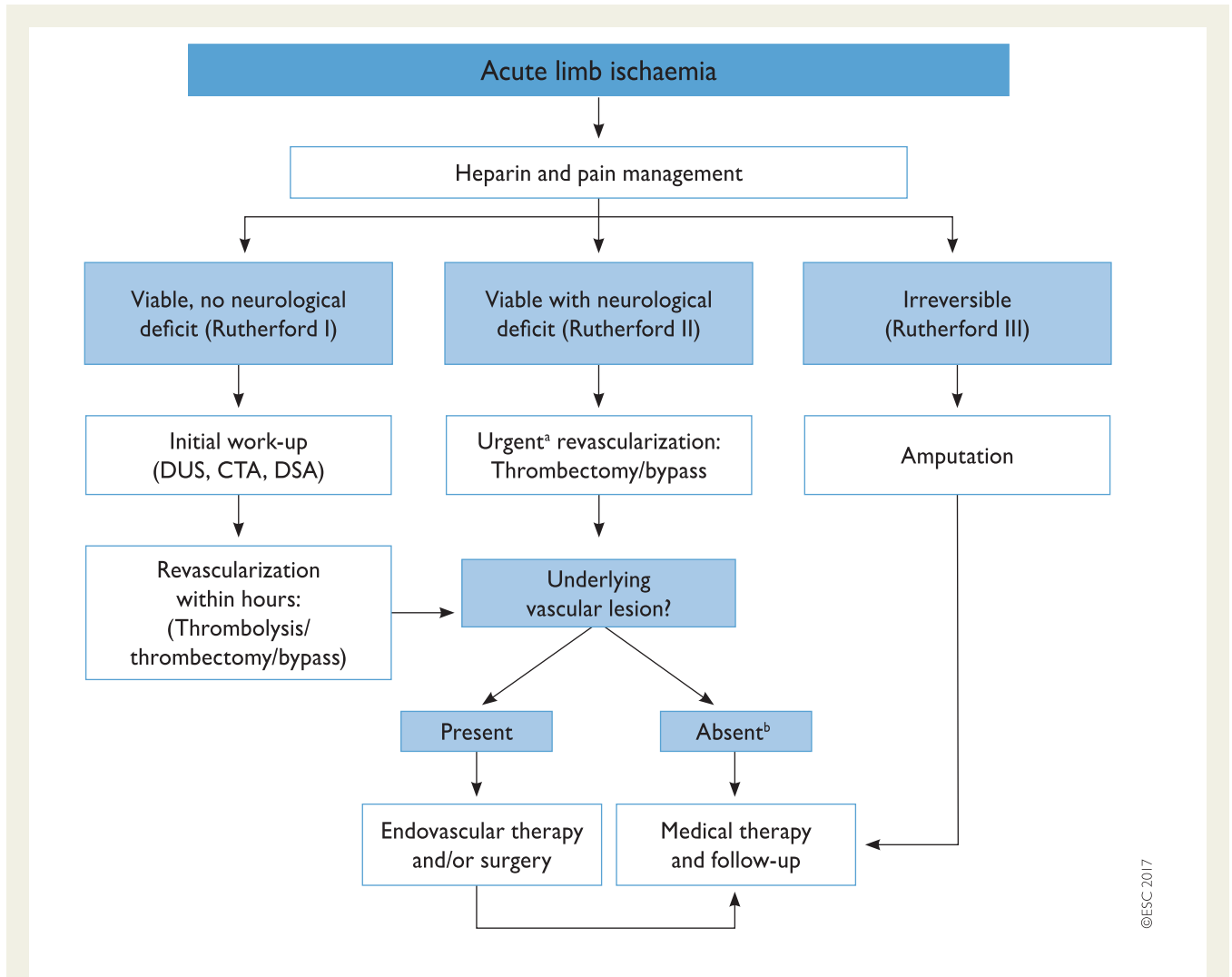


Figure 7 Management of acute limb ischaemia. CTA = computed tomography angiography; DSA = digital subtraction ultrasound; DUS = duplex ultrasound.

^aImaging should not delay revascularization.

^bSpecific etiological work-up is necessary (cardiac, aorta).

10.8 Blue toe syndrome

Another particular clinical presentation is blue toe syndrome. This is characterized by a sudden cyanotic discoloration of one or more toes. It is usually due to embolic atherosclerotic debris from the proximal arteries. For further details see Web addenda 10.8.

11. Multisite artery disease


Key messages

- Multisite artery disease (MSAD) is common in patients with atherosclerotic involvement in one vascular bed, ranging from 10 to 15% in patients with CAD to 60 to 70% in patients with severe carotid stenosis or LEAD.

- MSAD is invariably associated with worse clinical outcomes; however, screening for asymptomatic disease in additional vascular sites has not been proven to improve prognosis.
- In patients with any presentation of PADs, clinical assessment of symptoms and physical signs of other localizations and/or CAD is necessary, and in case of clinical suspicion, further tests may be planned.
- Systematic screening for asymptomatic MSAD is not indicated for any presentation of PADs, as it would not consistently lead to a modification of management strategy. It may be interesting in some cases for risk stratification (e.g. an antiplatelet therapy strategy beyond 1 year in patients who benefited from coronary stenting for ACS).
- In some situations the identification of asymptomatic lesions may affect patient management. This is the case for patients undergoing CABG, where ABI measurement may be considered,

especially when saphenous vein harvesting is planned, and carotid screening should be considered in a subset of patients at high risk of CAD.

- In patients scheduled for CABG with severe carotid stenoses, prophylactic carotid revascularization should be considered in recently symptomatic cases and may be considered in asymptomatic cases after multidisciplinary discussion.
- In patients planned for carotid artery revascularization for asymptomatic stenosis, preoperative coronary angiography for detection (and revascularization) of CAD may be considered.

Multisite artery disease (MSAD) is defined by the simultaneous presence of clinically relevant atherosclerotic lesions in at least two major vascular territories. Subclinical plaques are beyond the scope of this document. While patients with MSAD are regularly encountered in clinical practice, robust data on the management of these patients are scarce. For the management of these patients, clinical status and comorbidities should be considered, in addition to the lesion sites. Generally the treatment strategy should be decided case by case within a multidisciplinary team and should focus first on the symptomatic vascular site. The current background information and detailed discussion of the data for the following section of these Guidelines can be found in  ESC CardioMed.

11.1 Multisite artery disease: epidemiology and impact prognosis

Among 3.6 million American volunteers for a systematic ultrasound screening for LEAD, CAD and AAA, the proportion of subjects with two or more localizations increased with age, from 0.04% at 40–50 years to 3.6% at 81–90 years.³³⁴ Figure 8 summarizes the prevalence of MSAD when atherosclerotic disease is diagnosed in one territory.

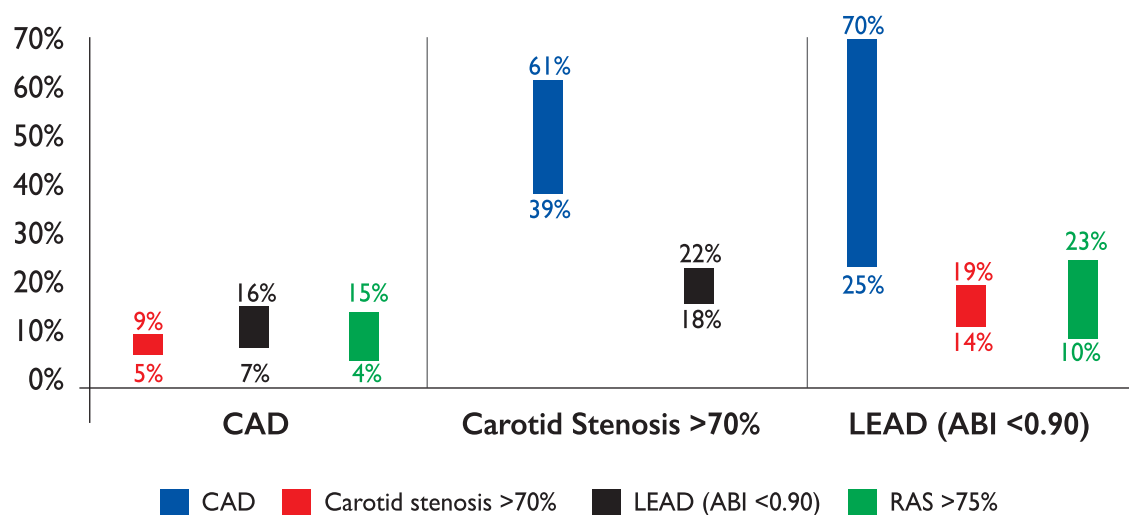
Although several studies have demonstrated that patients with MSAD have a significantly worse clinical outcome as compared with patients with single vascular site disease, the only RCT designed to assess the impact on prognosis of systematic screening for MSAD in patients with high-risk CAD (three-vessel CAD and/or with an ACS at age >75 years) failed to prove any significant benefit.³⁴⁴ The Aggressive detection and Management of the Extension of atherothrombosis in high Risk coronary patients In comparison with standard of Care for coronary Atherosclerosis (AMERICA) trial randomized 521 patients to a proactive strategy (total-body DUS and ABI measurement associated with intensive medical therapy) or to conventional strategy (no screening for asymptomatic MSAD and standard medical therapy); at the 2-year follow-up, the primary composite endpoint, including death, any ischaemic event leading to rehospitalization or any evidence of organ failure, occurred in 47.4% and 46.9% of patients, respectively ($P > 0.2$).³⁴⁴ Hence the clinical benefit of systematic screening for asymptomatic MSAD in patients with known atherosclerotic disease appears questionable.

11.2 Screening for and management of multisite artery disease

11.2.1 Peripheral arterial diseases in patients presenting with coronary artery disease

11.2.1.1 Carotid artery disease in patients scheduled for coronary artery bypass grafting

Web Table 11 details the epidemiology of CAD and the incidence of stroke among patients undergoing isolated CABG (without synchronous/staged CEA).³⁴¹ In another study, unilateral 50–99% carotid stenosis was found in 11% of patients, bilateral 50–99% stenosis in 5.6% and unilateral occlusion in 1.3%.³⁴⁵



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Figure 8 Reported rate ranges of other localizations of atherosclerosis in patients with a specific arterial disease.^{51, 335–343} The graph reports the rates of concomitant arterial diseases in patients presenting an arterial disease in one territory (e.g. in patients with CAD, 5–9% of cases have concomitant carotid stenosis >70%). ABI = ankle-brachial index; CAD = coronary artery disease; LEAD = lower extremity artery disease; RAS = renal artery stenosis.

Ischaemic stroke after CABG is multifactorial, including aortic embolism during manipulation, cannulation/decannulation and graft anastomosis to the ascending aorta; platelet aggregation during cardiopulmonary bypass (CPB) and hypercoagulable states; carotid embolization; postoperative AF and haemodynamic instability, especially in patients with impaired cerebral vascular reserve.³⁴⁶

The impact of asymptomatic carotid stenosis on stroke risk after CABG is modest, except for bilateral stenoses or unilateral occlusion. In a systematic review, 86% of postoperative strokes were not attributed to carotid disease. Carotid stenosis appears as a marker of severe aortic atherosclerosis and stroke risk rather than the direct cause. Conversely, a history of prior stroke/TIA is a significant risk factor for post-CABG stroke.^{341,347–349} Evidence of the benefits of prophylactic revascularization of asymptomatic carotid stenoses in all CABG candidates to reduce perioperative stroke is lacking. The decision to perform CEA/CAS in these patients should be made by a multidisciplinary team. It may be reasonable to restrict prophylactic carotid revascularization to patients at highest risk of postoperative stroke, i.e. patients with severe bilateral lesions or a history of prior stroke/TIA.^{341,348–350}

The timing and the modality of carotid revascularization (CEA or CAS) are controversial and should be individualized based on clinical presentation, level of emergency and severity of carotid and coronary artery diseases. Web Table 12 details the results of meta-analyses evaluating outcomes following different scenarios. No specific strategy is clearly safer. A recent RCT did not report lower stroke rate for off-pump vs. on-pump surgery.³⁵¹

The two-staged CEA strategies provide higher risk of periprocedural MI if the carotid artery is revascularized first and a trend towards increased cerebral risk if CABG is performed first. In a recent RCT in patients with unilateral asymptomatic carotid stenosis, CABG followed by CEA was the worst strategy, with a higher 90-day stroke and death rate compared with CABG with previous or synchronous CEA (8.8% vs. 1.0%; $P = 0.02$).³⁵²

The higher risk of cerebral embolization from aortic arch plaques may explain why CAS is not associated with lower procedural risks. If CAS is performed before elective CABG, the need for DAPT usually delays cardiac surgery for at least 4 weeks, exposing the patient to the risk of MI between the staged CAS and CABG (0–1.9%).^{353,354} Some authors performed CAS immediately prior to CABG and reported low death/stroke rates.³⁵⁵ Among 132 patients with same-day CAS plus cardiac surgery, the in-hospital stroke rate was 0.75%, while 5- and 10-year freedom from neurological events was 95% and 85%, respectively.³⁵⁶ In a single-centre propensity-matched analysis of 350 patients undergoing carotid revascularization within 90 days before cardiac surgery, staged CAS plus cardiac surgery and combined CEA plus cardiac surgery had similar early outcomes (death/stroke/MI),

whereas staged CEA plus cardiac surgery incurred the highest risk, driven by interstage MI. Beyond 1 year, patients with either staged or combined CEA plus cardiac surgery had a 3-fold higher rate of MACE compared with patients undergoing staged CAS plus cardiac surgery.³⁵⁷ However, staged CAS plus cardiac surgery entails an increased bleeding risk during CABG (if performed within the DAPT period).

Two studies suggest that limiting DUS to patients with at least one risk factor (age >70 years, history of cerebrovascular disease, presence of a carotid bruit, multivessel CAD or LEAD) identifies all patients with carotid stenosis >70%, reducing the total number of scans by 40%.^{338,358} However, a study comparing patients undergoing a preoperative carotid scan before cardiac surgery with those without screening reported no difference in perioperative mortality and stroke.³⁴⁵ But only 12% of those with severe carotid stenosis underwent synchronous CABG plus CEA. Hence routine carotid DUS identifies only the minority of patients who will develop perioperative stroke, without clearly evidenced benefit of prophylactic carotid revascularization. Carotid DUS is indicated in patients with recent (<6 months) stroke/TIA. No carotid imaging is indicated when CABG is urgent, unless neurological symptoms occurred in the previous 6 months.

Recommendations on screening for carotid disease in patients undergoing coronary artery bypass grafting

Recommendations	Class ^a	Level ^b
In patients undergoing CABG, DUS is recommended in patients with a recent (<6 months) history of TIA/stroke. ^{345,358}	I	B
In patients with no recent (<6 months) history of TIA/stroke, DUS may be considered in the following cases: age ≥ 70 years, multivessel coronary artery disease, concomitant LEAD or carotid bruit. ^{345,358}	IIb	B
Screening for carotid stenosis is not indicated in patients requiring urgent CABG with no recent stroke/TIA.	III	C

CABG = coronary artery bypass grafting; DUS = duplex ultrasound; LEAD = lower extremity artery disease; TIA = transient ischaemic attack.

^aClass of recommendation.

^bLevel of evidence.

Recommendations on the management of carotid stenosis in patients undergoing coronary artery bypass grafting

Recommendations	Class ^a	Level ^b
It is recommended that the indication (and, if so, the method and timing) for carotid revascularization be individualized after discussion within a multidisciplinary team, including a neurologist.	I	C
In patients with a recent (<6 months) history of TIA/stroke who are scheduled for CABG: <ul style="list-style-type: none"> Carotid revascularization should be considered in patients with 50–99% carotid stenosis.^{359,360} Carotid revascularization with CEA should be considered as the first choice in patients with 50–99% carotid stenosis.^{359,360} Carotid revascularization is not recommended in patients with carotid stenosis <50%. 	IIa	B
In neurologically asymptomatic patients scheduled for CABG: <ul style="list-style-type: none"> Routine prophylactic carotid revascularization in patients with a 70–99% carotid stenosis is not recommended.³⁵⁰ Carotid revascularization may be considered in patients with bilateral 70–99% carotid stenoses or 70–99% carotid stenosis + contralateral occlusion.³⁵⁰ Carotid revascularization may be considered in patients with a 70–99% carotid stenosis in the presence of one or more characteristics that may be associated with an increased risk of ipsilateral stroke^c in order to reduce stroke risk beyond the perioperative period. 	III	B
	IIb	B
	IIb	C

CABG = coronary artery bypass grafting; CAS = carotid artery stenting; CEA = carotid endarterectomy.

^aClass of recommendation.

^bLevel of evidence.

^cSee Table 4.

11.2.1.2 Carotid artery stenosis in other coronary artery disease patients (without coronary artery bypass grafting)

The available data regarding the prevalence of carotid stenosis in these patients and the lack of evidence of any effect on outcome lead to the conclusion that carotid screening is not indicated in patients

with CAD other than in candidates for CABG. For further details refer to Web addenda 11.2.1.2.

11.2.1.3 Renal artery disease in patients presenting with coronary artery disease

In the absence of any proof of benefit, systematic screening for RAS in patients with CAD cannot be recommended. For further details refer to Web addenda 11.2.1.3. As in other patients, the indications for imaging renal arteries are presented in Table 5.

11.2.1.4 Lower extremity artery disease in patients with coronary artery disease

LEAD often coexists with CAD (Figure 8). It is often asymptomatic or masked by limiting angina and/or dyspnoea. LEAD (ABI < 0.90) is present in 13–16% of patients who have CAD at coronary angiography.^{361,362} Left main coronary artery stenosis and multivessel CAD were independent predictors. Patients with LEAD exhibit more extensive, calcified and progressive coronary atherosclerosis.³⁶³

The coexistence of LEAD in CAD patients has been consistently associated with worse outcome, although it is unclear whether LEAD is a marker or a cause of cardiac adverse events.^{364,365} In the 3-year follow-up of the PEGASUS trial, patients with concomitant LEAD had adjusted 2-fold increased rates of all-cause death, CV death, stroke and MACE.⁸¹ In ACS registries, in-hospital mortality, acute heart failure and recurrent ischaemia rates were significantly higher (up to 5-fold) in subjects with LEAD.^{340,343} In a pooled analysis of 19 867 patients enrolled in RCTs on PCI, 8% had clinical LEAD, identified as an independent predictor of mortality at 30 days (HR 1.67), 6 months (HR 1.76) and 1 year (HR 1.46).³⁶⁶ Concomitant LEAD (clinical or subclinical) is also associated with worse outcome in patients undergoing CABG.^{367,368}

In patients with CAD who have concomitant LEAD, strict risk factor control is mandatory, although no specific recommendations exist, as compared with CAD patients without MSAD. In a post hoc analysis of the CHARISMA trial, DAPT with aspirin and clopidogrel was associated with a significant decrease in non-fatal MI compared with aspirin alone,⁶⁵ at a cost of increased minor bleeding. The potential benefits of DAPT in these patients need further confirmation.

In LEAD patients requiring coronary revascularization, the treatment of CAD is usually prioritized, except in the case of CLTI. Whether PCI or CABG should be favoured to treat CAD in patients with LEAD is controversial.^{369,370} In the case of PCI, radial artery access should be favoured. If the femoral approach is necessary, pre-interventional assessment of the iliac and common femoral arteries should be performed to minimize the risk of ischaemia/embolization and to identify the best location for arterial puncture, since access site complications are more frequent in these patients, particularly when closure devices are used.³⁷¹ In patients undergoing CABG with advanced LEAD, the GSV should be spared whenever possible; later success of peripheral arterial revascularization is strongly dependent on the availability of sufficient autologous venous segments.³⁷² Also, saphenous vein harvesting may be associated with wound healing delays in severe LEAD. This justifies the screening for LEAD prior to use of the saphenous vein as bypass material, at least by clinical examination and/or ABI. CPB during CABG causes a mean arterial pressure drop and loss of pulsatile flow, entailing the risk of worsening CLTI. When off-pump CABG is not feasible, maintaining an adequate mean arterial pressure and monitoring peripheral oxygen

saturation in CLTI patients are strongly advisable during CPB. Postoperatively, active clinical surveillance is needed to diagnose in a timely fashion the compartment syndrome potentially caused by ischaemia–reperfusion injury during CPB. The coexistence of LEAD, even asymptomatic, may upset cardiac rehabilitation.³⁷³

Screening for LEAD by means of ABI could represent a non-invasive and inexpensive method for prognostic stratification of patients. However, the AMERICA trial failed to demonstrate the benefit of a proactive strategy of MSAD screening in patients.³⁴⁴ However, the trial was small, with some limitations. It does not exclude a role for screening for asymptomatic LEAD in CAD patients for prognostic stratification. Importantly, in patients with severe CAD, the presence of symptomatic or asymptomatic LEAD is associated with a high probability (almost 20%) of carotid stenosis.³⁷⁴

Recommendations for screening and management of concomitant lower extremity artery disease and coronary artery disease

	Class ^a	Level ^b
In patients with LEAD, radial artery access is recommended as the first option for coronary angiography/intervention. ³⁶⁵	I	C
In patients with LEAD undergoing CABG, sparing the autologous great saphenous vein for potential future use for surgical peripheral revascularization should be considered.	IIa	C
In patients undergoing CABG and requiring saphenous vein harvesting, screening for LEAD should be considered.	IIa	C
In patients with CAD, screening for LEAD by ABI measurement may be considered for risk stratification. ^{340,343,344,366–368,375–379}	IIb	B

ABI = ankle-brachial index; CABG = coronary artery bypass grafting; CAD = coronary artery disease; LEAD = lower extremity artery disease; TIA = transient ischaemic attack.

^aClass of recommendation.

^bLevel of evidence.

11.2.2. Coronary artery disease in patients presenting with peripheral arterial diseases

11.2.2.1. Coronary artery disease in patients with carotid artery stenosis
 In a study including 276 patients with non-cardioembolic ischaemic stroke/TIA, coronary CTA detected coronary stenosis (>50%) in 18% of cases. The prevalence was 4-fold higher in the case of carotid stenosis >50%.³⁸⁰ In a prospective investigation of 390 patients undergoing elective CAS, systematic coronary angiography found coronary artery stenosis ≥70% in 61% of cases.³⁸¹

In the case of severe carotid artery stenosis, the presence of associated CAD requires prioritization of revascularization according to the patient's clinical status and to the severity of carotid and coronary disease. Carotid revascularization should be performed first only in the case of unstable neurological symptoms; asymptomatic carotid stenosis should be treated, whenever appropriate, following CAD revascularization.

In an RCT, 426 patients planned for CEA and without a history of CAD and normal electrocardiogram (ECG) and cardiac ultrasound were randomized to either systematic coronary angiography (with subsequent revascularization) or no coronary angiography.³⁸² Significant CAD was found (and treated) before CEA in 39% of those randomized to angiography, with no postoperative MI, vs. 2.9% in the no-angiography group ($P = 0.01$). Importantly, PCI delayed CEA by a median of 4 days (range 1–8 days), without neurological events and without bleeding complications in patients on DAPT. At 6 years, patients allocated to systematic coronary angiography had a lower rate of MI (1.4% vs. 15.7%; $P < 0.01$) and improved survival (95% vs. 90%; $P < 0.01$).³⁸³ Hence routine preoperative coronary angiography may be considered in patients undergoing elective CEA.

Recommendation on screening for coronary artery disease in patients with carotid disease

	Class ^a	Level ^b
In patients undergoing elective CEA, preoperative CAD screening, including coronary angiography, may be considered. ^{382,383}	IIb	B

CAD = coronary artery disease; CEA = carotid endarterectomy.

^aClass of recommendation.

^bLevel of evidence.

11.2.2.2 Coronary artery disease in patients undergoing vascular surgery of lower limbs

In patients undergoing surgery for LEAD, the probability of significant concomitant CAD at coronary angiography is ~50–60%.^{384–386} For the management of these patients, aortic and major vascular surgery are classified as 'high risk' for cardiac complications, with an expected 30-day MACE rate (cardiac death and MI) >5%.³⁸⁷ The management of CAD in patients requiring vascular surgery should be based on the 2014 ESC/ESA Guidelines on non-cardiac surgery.³⁸⁷

11.2.2.3 Coronary artery disease in patients with lower extremity artery disease not undergoing vascular surgery

At least one-third of patients with LEAD have a history and/or ECG signs of CAD, while two-thirds have an abnormal stress test and up to 70% present at least single-vessel disease at coronary angiography.^{69,388} The prevalence of CAD is 2- to 4-fold higher in patients with LEAD vs. those without. In the Coronary CT Angiography Evaluation For Clinical Outcomes: An International Multicenter (CONFIRM) registry, among 7590 patients with LEAD without a history and symptoms of heart disease, the prevalence of obstructive CAD at coronary CTA was 25%.³⁸⁹ In the REACH registry, 57% of the participants with LEAD also suffered from CAD.³⁹⁰ The severity of LEAD is related to the prevalence of associated CAD; up to 90% of patients presenting with CLTI also have CAD.

There is no evidence that the presence of CAD directly influences limb outcomes in LEAD patients; however, in the CONFIRM registry, obstructive CAD was associated with an annual mortality rate of 1.6% vs. 0.7% in the absence of severe CAD.³⁸⁹

Table 9 Indication for screening of associated atherosclerotic disease in additional vascular territories

Screened disease \ Leading disease	CAD	LEAD	Carotid	Renal
CAD				
Scheduled for CABG		IIa ^a	I ^b / IIb ^c	U
Not scheduled for CABG		IIb	NR	U
LEAD				
Scheduled for CABG	I ^d		NR	U
Not scheduled for CABG	NR		NR	U
Carotid stenosis				
Scheduled for CEA/CAS	IIb	NR		U
Not scheduled for CEA/CAS	NR	NR		U

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CABG = coronary artery bypass grafting; CAD = coronary artery disease; CAS: carotid artery stenting; CEA = coronary endarterectomy; CKD = chronic kidney disease; ECG = electrocardiogram; LEAD = lower extremity artery disease; NR = no recommendation (not enough evidence to support systematic screening); TIA = transient ischaemic attack; U = uncertain.

^aEspecially when venous harvesting is planned for bypass.

^bIn patients with symptomatic cerebrovascular disease.

^cIn patients with asymptomatic carotid disease and: age \geq 70 years, multivessel CAD, associated LEAD or carotid bruit.

^dScreening with ECG is recommended in all patients and with imaging stress testing in patients with poor functional capacity and more than two of the following: history of CAD, heart failure, stroke or TIA, CKD, diabetes mellitus requiring insulin therapy.

The presence of CAD in patients with LEAD may require coronary revascularization, depending on the severity and urgency of LEAD symptoms. Risk factor modification and medical treatment recommended for CAD also apply to LEAD.³⁹¹ Screening for CAD in LEAD patients may be useful for risk stratification, as morbidity and mortality are mainly cardiac. Non-invasive screening can be performed by stress testing or coronary CTA, but there is no evidence of improved outcomes in LEAD patients with systematic screening for CAD.

11.2.3 Other peripheral localizations in patients with peripheral arterial diseases

11.2.3.1 Carotid artery stenosis in patients with lower extremity artery disease

Carotid stenosis is frequent in patients with LEAD (Figure 8), but there is no evidence that the presence of CAS would influence lower limb outcomes. The presence of CAD is a marker of worse CV prognosis.³⁹² For more details see Web addenda 11.2.3.1.

11.2.3.2 Renal artery disease in patients with lower extremity artery disease

While RAS is frequently discovered incidentally during imaging for LEAD, it requires specific intervention. Opinions on whether atherosclerotic RAD could be a marker of worse CV prognosis in LEAD patients are conflicting.^{335,393} The only report looking also at limb outcome found no prognostic alteration in the case of concomitant RAS.³³⁵ Systematic screening for RAS in patients with LEAD cannot be recommended, as the therapeutic value of renal artery stenting is questionable (see **chapter 9**).

For more details see Web addenda 11.2.3.2.


12. Cardiac conditions in peripheral arterial diseases

Key messages

- Cardiac conditions other than CAD are frequent in patients with PADs. This is especially the case for heart failure and atrial fibrillation in patients with LEAD.
- In patients with symptomatic PADs, screening for heart failure should be considered.
- In patients with heart failure, screening for LEAD may be considered. Full vascular assessment is indicated in patients planned for heart transplantation or a cardiac assist device.
- In patients with stable PADs who have AF, anticoagulation is the priority and suffices in most cases. In the case of recent endovascular revascularization, a period of combination therapy (anticoagulant + antiplatelet therapies) should be considered according to the bleeding and thrombotic risks. The period of combination therapy should be as brief as possible.
- In patients undergoing transcatheter aortic valve implantation or other structural interventions, screening for LEAD and UEAD is indicated.

12.1 Introduction

Cardiac diseases are frequent in patients with PADs. The simultaneous presence of PADs and CAD is addressed in **chapter 11**. Here we address the most important issues related to PADs patients with coexisting heart failure, AF and valvular heart disease (VHD). Such coexistence may carry important prognostic and

therapeutic implications and often needs a multidisciplinary approach. The current background information and detailed discussion of the data for the following section of these Guidelines can be found in  ESC CardioMed.

12.2 Heart failure and peripheral arterial diseases

There are multiple pathways linking LEAD and heart failure (Web Figure 3). Together with diabetes, smoking and other risk factors, inflammation may be one of the common factors leading to the development of heart failure in PADs patients.³⁹⁴ Data on the coexistence of the two conditions are generally limited to subjects with heart failure and LEAD.

LEAD is associated with increased risk for incident heart failure. It is often associated with overt atherosclerosis involving CAD, which may cause subsequent heart failure.⁵³ Also, elevated aortic stiffness increases left ventricular (LV) afterload and high pulse pressure impairs coronary blood flow, resulting in hypertension, LV hypertrophy, diastolic dysfunction and ultimately heart failure.^{395,396} Importantly, skeletal muscle involvement and deconditioning in LEAD may affect heart failure severity.^{397,398} On the other hand, functional limitation due to heart failure is likely to mask symptoms of LEAD, causing underestimation of the number of patients with both conditions.

12.2.1 Epidemiology

Overall, LV dysfunction and heart failure are more frequent in patients with PADs. The evidence is mostly presented in patients with LEAD. See Web addenda 12.2.1.

12.2.2. Heart failure in patients with peripheral arterial diseases

Despite the high prevalence and incidence of heart failure in patients with PADs, outcome data for this group are very limited. It is most likely, however, that this combination is associated with increased CV morbidity and mortality. Evaluation of LV function in PADs may be of value for better risk stratification for future CV events and comprehensive management of patients' CV diseases.³⁹⁹ This is particularly important when an intermediate- or high-risk vascular intervention is planned.³⁸⁷ The primary assessment should include medical history, physical examination and resting ECG. In case of any abnormalities suggestive of heart failure, transthoracic echocardiography (TTE) or measurement of natriuretic peptides should be undertaken.⁴⁰⁰ Natriuretic peptides are particularly useful in patients with a poor echocardiographic window and in those with diastolic dysfunction.⁴⁰¹ In patients with LEAD, heart failure may be associated with reduced patency after endovascular therapy.⁴⁰² TTE and natriuretic peptides can also be proposed in patients with claudication, even if no revascularization is planned.

12.2.3 Peripheral arterial diseases in patients with heart failure

Observational studies and meta-analyses consistently show that the presence of LEAD in heart failure patients is an independent predictor of hospitalizations and mortality.^{376–379,403} In the Heart Failure: A Controlled Trial Investigating Outcomes of Exercise Training (HF-ACTION) study, LEAD was reported in ~7% of patients with heart failure and LV ejection fraction <35% and was associated with an

increased risk of all-cause hospitalization and mortality (HR 1.31, $P = 0.011$).³⁷⁶ Other studies reported an increased risk for progressive heart failure (HR 1.35, $P = 0.03$), all-cause mortality (HR 1.36, $P < 0.001$)⁴⁰⁴ and CV mortality (HR 1.31, $P = 0.02$).⁴⁰⁵ Among hospitalized patients with heart failure, the prevalence of subclinical (ABI ≤ 0.90) and symptomatic LEAD was 19% and 7%, respectively, and was associated with increased cardiac and all-cause mortality.³⁷⁸ Therefore, in heart failure patients, screening for PADs may be considered.

Finally, flash pulmonary oedema may be due to severe RAS (see **section 9.2**). Therefore, in patients with this condition, testing for RAS may be considered.

12.3 Peripheral arterial diseases and atrial fibrillation

12.3.1 General considerations

Ageing is a strong risk factor for AF⁴⁰⁶ and PADs, thus a frequent coexistence of the two conditions is expected. In an analysis from the Cardiovascular Health Study, LEAD was associated with a higher risk of AF (HR 1.52, $P < 0.01$).⁴⁰⁷

Despite a considerable variability in BP due to the beat-to-beat variability in stroke volume, ABI appears to be a reliable method to detect unknown LEAD in patients with AF.⁴⁰⁸ In patients with AF receiving anticoagulant treatment, abnormal ABI was an independent predictor of all-cause death and major bleeding complications.⁴⁰⁹

Among 41 882 patients hospitalized for LEAD, the prevalence of AF was 13%.⁴⁰⁶ Those with AF tend to be older, more often hypertensive, female and with diabetes, CKD, CAD and/or heart failure than patients in sinus rhythm. LEAD was overall more severe in patients with AF as assessed by the Rutherford classification. In-hospital complications, including renal failure, MI, stroke, infections and death, occurred more frequently in the presence of AF. In other studies, AF associated with LEAD was an independent predictor of stroke, amputation and death.^{410,411} In the REACH registry, AF was present in 10% of patients with LEAD.⁸⁴ Compared with patients without AF, the two-year CV and all-cause mortality was higher, 7.7% and 5.6% vs. 2.5% and 1.6%, respectively ($P < 0.001$ for both). Those with AF also had higher incidences of heart failure, unstable angina and severe bleeding.

12.3.2 Antithrombotic treatment in patients with atrial fibrillation

Except for recent stenting, patients with PADs and AF should mostly be on OACs alone. See **section 5.3**.

12.4 Peripheral arterial diseases and valvular heart disease

PADs are common among patients with VHD, especially among the elderly with symptomatic aortic stenosis. The presence of LEAD is captured within the scores used to predict outcome after cardiac surgery.⁴¹² Among patients with symptomatic aortic stenosis not eligible for surgical aortic valve replacement, the prevalence of LEAD is as high as 40%.^{413–415} It often coexists with other manifestations of systemic atherosclerosis, including CAD and cerebrovascular disease. This has an impact on patient care with respect to the timing of coronary revascularization, if needed,³⁶⁶ and the vascular access site for transcatheter aortic

valve implantation (TAVI).⁴¹⁶ Systematic CT scan imaging of the aorta, including all major peripheral arteries, has become the standard of care in patients eligible for TAVI.

12.5 Peripheral arterial diseases and vascular access site for cardiac interventions

Patient evaluation for the presence of LEAD and UEAD is pivotal for access site choice in patients eligible for TAVI and their diagnosis has a great impact on clinical outcome after TAVI because of the increased rate of peri- and post-procedural complications.^{417,418} The presence of LEAD or UEAD is an independent predictor of mortality following TAVI with both percutaneous and surgical access, independent of the occurrence of vascular complications.^{417,419} The use

of low-profile devices for TAVI and alternative access sites, such as direct aortic, carotid or subclavian, may also reduce vascular complications.

Acute limb ischaemia is a complication of intra-aortic balloon pump insertion in the setting of cardiogenic shock or in the prophylaxis of low output syndrome. LEAD is a major risk factor for this complication and preliminary iliac artery stenting with the use of an unsheathed device may avoid such complications.⁴²⁰ These complications are also common in LV assist device recipients, where sheaths are usually larger, resulting in higher 30-day mortality in patients with LEAD.⁴²¹ The added risk of underlying LEAD is not clearly established in that particular setting and deserves additional investigations. These patients often need lower limb revascularization and surgical vascular closure when weaned off LV assist devices.

Recommendations on the management of cardiac conditions associated with peripheral arterial diseases

Recommendations	Class ^a	Level ^b
PADs and heart failure		
Full vascular assessment is indicated in all patients considered for heart transplantation or cardiac assist device implantation.	I	C
In patients with symptomatic PADs, screening for heart failure with TTE and/or natriuretic peptides assessment should be considered.	IIa	C
Screening for LEAD may be considered in patients with heart failure.	IIb	C
Testing for renal artery disease may be considered in patients with flash pulmonary oedema.	IIb	C
PADs and atrial fibrillation^c		
In patients with LEAD and atrial fibrillation, oral anticoagulation: ⁸³		
• is recommended with a CHA ₂ DS ₂ -VASc score ≥ 2	I	A
• should be considered in all other patients.	IIa	B
PADs and valvular heart disease		
Screening for LEAD and UEAD is indicated in patients undergoing TAVI or other structural interventions requiring an arterial approach.	I	C

CHA₂DS₂VASC = Congestive heart failure, Hypertension, Age ≥ 75 (2 points), Diabetes mellitus, Stroke or TIA (2 points), Vascular disease, Age 65–74 years, Sex category; LEAD = lower extremity artery disease; PADs = peripheral arterial diseases; TAVI = transcatheter aortic valve implantation; TTE = transthoracic echocardiography; UEAD = upper extremity artery disease.

^aClass of recommendation.

^bLevel of evidence.

^cFor more detail please refer to **chapter 5**.

13. Gaps in evidence

Rapid changes in therapeutic techniques create the situation in which clinical practice tends to follow technical developments without evidence from RCTs. In addition, RCTs often yield conflicting results because of technical evolution. Moreover, PADs may involve multiple sites, creating


a large number of clinical scenarios to investigate. All these contribute to the broad spectrum of gaps in evidence, of which the most relevant are listed in *Table 10*. The current background information and detailed discussion of the data for the following section of these Guidelines can be found in  ESC CardioMed.

Table 10 Main gaps in evidence in the management of patients with peripheral arterial diseases

Epidemiology
Data on epidemiology of PADs in Europe are scarce.
Important challenges are associated with PADs in women. This group has classically been underrepresented in research studies. Therefore, several sex-related challenges regarding diagnosis and management issues should be acknowledged.
Carotid artery disease
The benefits of new antiplatelet drugs for the management of asymptomatic carotid artery disease should be assessed by RCTs.
A multifactorial and standardized score is necessary to stratify the risk of stroke in patients with asymptomatic carotid artery stenosis, to determine the subgroup who may benefit from revascularization, in addition to best medical therapy.
The efficacy of embolic protection devices during CAS has not been studied in adequately powered RCTs, and the available evidence is conflicting.
The optimal duration of dual antiplatelet therapy after CAS is not well established.
The timing of carotid revascularization in the acute phase of stroke after intra-cerebral thrombolysis/thrombectomy is not yet defined and should be investigated.
Vertebral artery disease
Almost no data are available on the comparison between surgical and endovascular revascularization in symptomatic patients.
Upper extremity artery disease
Little is known about the natural course in upper extremity artery disease.
Almost no data are available on the long-term clinical benefit of revascularization (and the optimal mode) of symptomatic subclavian artery stenosis/occlusion.
Optimal duration for DAPT after subclavian artery stenting is unknown.
Mesenteric artery disease
The potential benefits of prophylactic revascularization for asymptomatic mesenteric artery disease involving multiple vessels needs investigations.
In case of symptomatic mesenteric artery disease, no data are available on the potential benefit of covered vs. bare stents.
Optimal duration for DAPT after mesenteric stenting is unknown.
Renal artery disease
The role of renal artery stenting for patients with pulmonary flash oedema remains to be demonstrated by RCT.
Appropriate treatment of in-stent renal artery restenosis is not yet defined.
Risk stratification would be necessary to clarify whether a subgroup of patients with RAS may benefit from renal revascularization. In case of renal stenting, optimal duration for DAPT is unknown.
Lower extremity artery disease
The role of drug-eluting stents and drug-eluting balloons in superficial femoral artery and below-the-popliteal artery interventions has to be established.
Optimal treatment for popliteal artery stenosis needs to be addressed.
Clinical studies on self-expanding stents, drug-coated balloons and drug-eluting stents for below-the-knee interventions in patients with CLTI should include amputation-free survival, wound healing and quality of life in addition to standard-patency outcomes.
Optimal duration of DAPT after stenting, as well as the potential benefit of its long-term use in patients with CLTI, should be further investigated.
The rationale of the angiosome concept to decide on modality of revascularization in patients with CLTI remains to be demonstrated.
There is a need to develop European registries for patients with LEAD in order to provide “real world” assessment of clinical outcomes and practices.
There is a need to validate improved classification systems for CLTI that incorporate wound, ischaemia and foot infection such as the WIfI classification.
Multisite artery disease
Whether the screening for other sites of atherosclerosis (e.g. CAD) in patients with PADs may improve their outcome needs further investigation.
Cardiac conditions in patients with PADs
The impact of heart failure screening and treatment and its impact on outcome of patients with PADs requires further investigations.
The optimal strategy of antithrombotic treatment in patients with atrial fibrillation and PADs requires specific RCTs.

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CAD = coronary artery disease; CAS = carotid artery stenting; CLTI = chronic limb-threatening ischaemia; DAPT = dual antiplatelet therapy; LEAD = lower extremity artery disease; PADs = peripheral arterial diseases; RAS = renal artery stenosis; RCT = randomized clinical trial.

14. To do and not to do messages from the Guidelines

Recommendations	Class ^a	Level ^b
General recommendations on the management of patients with PADs		
In healthcare centres, it is recommended to set up a multidisciplinary Vascular Team to make decisions for the management of patients with PADs.	I	C
It is recommended to implement and support initiatives to improve medical and public awareness of PADs, especially cerebrovascular and lower extremity artery diseases.	I	C
Recommendations in patients with PADs: best medical therapy		
Smoking cessation is recommended in all patients with PADs.	I	B
A healthy diet and physical activity are recommended for all patients with PADs.	I	C
Statins are recommended in all patients with PADs.	I	A
In patients with PADs, it is recommended to reduce LDL-C to < 1.8 mmol/L (70 mg/dL) or decrease it by $\geq 50\%$ if baseline values are 1.8–3.5 mmol/L (70–135 mg/dL).	I	C
In diabetic patients with PADs, strict glycaemic control is recommended.	I	C
Antiplatelet therapy is recommended in patients with symptomatic PADs.	I	C ^c
In patients with PADs and hypertension, it is recommended to control blood pressure at < 140/90 mmHg.	I	A
Recommendations on antithrombotic therapy in patients with PADs		
In patients with symptomatic carotid stenosis, long-term SAPT is recommended.	I	A
Dual antiplatelet therapy with aspirin and clopidogrel is recommended for at least 1 month after CAS.	I	B
Long-term SAPT is recommended in symptomatic patients.	I	A
Long-term SAPT is recommended in all patients who have undergone revascularization.	I	C
SAPT is recommended after infra-inguinal bypass surgery.	I	A
Because of the lack of proven benefit, antiplatelet therapy is not routinely indicated in patients with isolated ^d asymptomatic LEAD.	III	A
In patients with PADs and AF, OAC is recommended when the CHA ₂ DS ₂ -VASc score is ≥ 2	I	A
Recommendations for imaging of extracranial carotid arteries		
DUS (as first-line), CTA and/or MRA are recommended for evaluating the extent and severity of extracranial carotid stenoses.	I	B
When CAS is being considered, it is recommended that any DUS study be followed either by MRA or CTA to evaluate the aortic arch, as well as the extra- and intracranial circulation.	I	B
When CEA is considered, it is recommended that the DUS stenosis estimation be corroborated either by MRA or CTA (or by a repeat DUS study performed in an expert vascular laboratory).	I	B
Recommendations on revascularization in patients with symptomatic carotid disease^e		
CEA is recommended in symptomatic patients with 70–99% carotid stenoses, provided the documented procedural death/stroke rate is < 6%.	I	A
When decided, it is recommended to perform revascularization of symptomatic 50–99% carotid stenoses as soon as possible, preferably within 14 days of symptom onset.	I	A
Revascularization is not recommended in patients with a < 50% carotid stenosis.	III	A

Continued

Recommendations for management of vertebral artery stenoses		
Revascularization of asymptomatic vertebral artery stenosis is not indicated, irrespective of the degree of severity.	III	C
Recommendations on the management of acute mesenteric ischaemia		
In patients with suspected acute mesenteric ischaemia, urgent CTA is recommended.	I	C
Recommendations for management of chronic mesenteric artery disease		
In patients with suspected CMI, DUS is recommended as the first-line examination.	I	C
In patients with symptomatic multivessel CMI, revascularization is recommended.	I	C
In patients with symptomatic multivessel CMI, it is not recommended to delay revascularization in order to improve the nutritional status.	III	C
Recommendations for diagnostic strategies for RAD		
DUS (as first-line), CTA ^f and MRA ^g are recommended imaging modalities to establish a diagnosis of RAD.	I	B
Renal scintigraphy, plasma renin measurements before and after ACEI provocation and vein renin measurements are not recommended for screening of atherosclerotic RAD.	III	C
Recommendations for treatment strategies for RAD		
ACEIs/ARBs are recommended for treatment of hypertension associated with unilateral renal artery stenosis.	I	B
Calcium channel blockers, beta-blockers and diuretics are recommended for treatment of hypertension associated with RAD.	I	C
Routine revascularization is not recommended in renal artery stenosis secondary to atherosclerosis.	III	A
Recommendations for ABI measurement		
Measurement of the ABI is indicated as a first-line non-invasive test for screening and diagnosis of LEAD.	I	C
In the case of incompressible ankle arteries or ABI >1.40, alternative methods such as the toe-brachial index, Doppler waveform analysis or pulse volume recording are indicated.	I	C
Recommendations on imaging in patients with LEAD		
DUS is indicated as a first-line imaging method to confirm LEAD lesions.	I	C
DUS and/or CTA and/or MRA are indicated for anatomical characterization of LEAD lesions and guidance for optimal revascularization strategy.	I	C
The data from an anatomical imaging test should always be analysed in conjunction with symptoms and haemodynamic tests prior to a treatment decision.	I	C
Recommendations for the management of patients with intermittent claudication		
On top of general prevention, statins are indicated to improve walking distance.	I	A
In patients with intermittent claudication, supervised exercise training is recommended.	I	A
In patients with intermittent claudication, non-supervised exercise training is recommended when supervised exercise training is not feasible or available.	I	C
Recommendations on revascularization of aorto-iliac occlusive lesions^h		
An endovascular-first strategy is recommended for short (i.e. <5 cm) occlusive lesions.	I	C
Recommendations on revascularization of femoro-popliteal occlusive lesions^g		
An endovascular-first strategy is recommended in short (i.e. <25 cm) lesions.	I	C
In patients who are not at high risk for surgery, bypass surgery is indicated for long (i.e. ≥25 cm) superficial femoral artery lesions when an autologous vein is available and life expectancy is > 2 years.	I	B
The autologous saphenous vein is the conduit of choice for femoro-popliteal bypass.	I	A

Continued

Recommendations on revascularization of infra-popliteal occlusive lesions		
In the case of CLTI, infra-popliteal revascularization is indicated for limb salvage.	I	C
For revascularization of infra-popliteal arteries, bypass using the great saphenous vein is indicated.	I	A
Recommendations on the management of CLTI		
Early recognition of tissue loss and/or infection and referral to the vascular team is mandatory to improve limb salvage.	I	C
In patients with CLTI, assessment of the risk of amputation is indicated.	I	C
In patients with CLTI and diabetes, optimal glycaemic control is recommended.	I	C
For limb salvage, revascularization is indicated whenever feasible.	I	B
In patients with CLTI, stem cell/gene therapy is not indicated.	III	B
Recommendations for the management of patients presenting with acute limb ischaemia		
In the case of neurological deficit, urgent revascularization is indicated. ¹	I	C
In the absence of neurological deficit, revascularization is indicated within hours after initial imaging in a case-by-case decision.	I	C
Heparin and analgesics are indicated as soon as possible.	I	C
Recommendations on screening for carotid disease in patients undergoing CABG surgery		
In patients undergoing CABG, DUS is recommended in patients with a recent (<6 months) history of TIA/stroke.	I	B
Screening for carotid stenosis is not indicated in patients requiring urgent CABG with no recent stroke/TIA.	III	C
Recommendations on the management of carotid stenosis in patients undergoing CABG surgery		
It is recommended that the indication (and, if so, the method and timing) for carotid revascularization be individualized after discussion within a multidisciplinary team, including a neurologist.	I	C
In patients scheduled for CABG, with a recent (<6 months) history of TIA/stroke, carotid revascularization is not recommended in those with carotid stenosis <50%.	III	C
In neurologically asymptomatic patients scheduled for CABG, routine prophylactic carotid revascularization in patients with a 70–99% carotid stenosis is not recommended.	III	B
Recommendations for screening and management of concomitant LEAD and CAD		
In patients with LEAD, radial artery access is recommended as the first option for coronary angiography/intervention.	I	C
Recommendations on the management of cardiac conditions associated with PADs		
Full vascular assessment is indicated in all patients considered for heart transplantation or cardiac assist device implantation.	I	C
In patients with LEAD and atrial fibrillation, OAC is recommended with a CHA ₂ DS ₂ -VASc score ≥2.	I	A
Screening for LEAD and UEAD is indicated in patients undergoing TAVI or other structural interventions requiring an arterial approach.	I	C

ABI = ankle-brachial index; ACEI = angiotensin-converting enzyme inhibitor; AF = atrial fibrillation; ARB = angiotensin-receptor blocker; CABG = coronary artery bypass grafting; CAS = carotid artery stenting; CEA = carotid endarterectomy; CLTI = chronic limb-threatening ischaemia; CMI = chronic mesenteric ischaemia; CTA = computed tomography angiography; DUS = duplex ultrasound; eGFR = estimated glomerular filtration rate; LDL-C = low-density lipoprotein cholesterol; LEAD = lower extremity artery disease; MRA = magnetic resonance angiography; OAC = oral anticoagulation; PADs = peripheral arterial diseases; RAD = renal artery disease; SAPT = single antiplatelet therapy; TAVI = transcatheter aortic valve implantation; TIA = transient ischaemic attack; UEAD = upper extremity artery disease. CHA₂DS₂-VASc score is calculated as follows: congestive heart failure history (1 point), hypertension (1 point), age >75 years (2 points), diabetes mellitus (1 point), stroke/TIA or arterial thromboembolic history (1 point), vascular disease history (1 point), age 65–74 years (1 point), sex category (1 point if female).

^aClass of recommendation.

^bLevel of evidence.

^cEvidence is not available for all sites. When evidence is available, recommendations specific for the vascular site are presented in corresponding sections.

^dWithout any other clinical cardiovascular condition requiring antiplatelet therapy (e.g. coronary artery disease or other multisite artery diseases).

^eStroke or TIA occurring within 6 months.

^fWhen eGFR is ≥ 60 mL/min.

^gWhen eGFR is ≥ 30 mL/min.

^hThese recommendations apply for patients with intermittent claudication and severe chronic limb ischaemia.

ⁱIn this case, imaging should not delay intervention.

15. Web addenda and companion document

All Web figures and Web tables are available at the European Heart Journal online and also via the ESC Web site at: <https://www.escardio.org/Guidelines/Clinical-Practice-Guidelines/Peripheral-Artery-Diseases-Diagnosis-and-Treatment-of>

The questions and answers companion document for these guidelines is available via this same link.

16. Appendix

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